

Bungay Summer Series 2018

Race 1 - 6th June

Position	Time	Number	Name	Club	Category
1	33:15	228	Holland, Kevin	Crawley	M40
2	35:15	164	Chenery, Robert	Ipswich jaffa	MS
3	36:31	310	Sladden, Marcus	Bungay Black Dog Running Club	MS
4	37:50	244	Johnson, Richard	Wymondham AC	M40
5	37:53	153	Burgess, Jim	Waveney Valley Athletic Club	M45
6	37:57	324	Sutton, Matthew	Lowestoft Road Runners	MS
7	38:07	104	Andrews, Jo	Bungay Black Dog RC	F40
8	38:31	142	Bowen-Jones, Craig	Bure Valley Harriers	M45
9	38:41	230	Howard, Matt	Norwich Road Runners	MS
10	38:46	277	Midwinter, Brian		M40
11	38:58	198	Gardiner, Daniel	BBDRC	M45
12	39:24	333	Vencovsky, Daniel		M35
13	39:41	338	Weatherley, Jack		MS
14	39:46	131	Betts, Mark	Norwich Road Runners	M45
15	40:05	256	Lambert, James	Coltishall Jaguars RC	M35
16	40:16	345	Wiles, Jon	Bungay Black dog rc	M45
17	40:22	322	Stringfellow, Martin	Wymondham AC	M40
18	40:30	247	Kent, Nick		MS
19	40:31	120	Barnes, Darren		M40
20	40:34	149	Buckoke, Matt	gyrr	M40
21	41:00	197	Frary, Matthew	Norwich Road Runners	M45
22	41:13	214	Hargreaves, Philip		M55
23	41:19	242	Jackson, Ben		M40
24	41:20	232	Hughes, Steven	stowmarket striders	M50
25	41:33	261	Leeder, Richard	Stowmarket Striders	M40
26	41:37	291	Persich, Thomas		MS
27	41:39	241	Jackson, Aaron	Bungay Black Dog RC	MS
28	41:54	148	Brunt, Jason	Norfolk Gazelles AC	M45
29	41:56	283	Neeve, David	Bungay black dog Running Club	M35
30	42:02	110	Armes, Michael	Norwich Road runners	M50
31	42:03	115	Attwood, Emma	stowmarket striders	FS
32	42:05	282	Neaves, Steven	BUNGAY BLACK DOG	M60
33	42:08	150	Bull, Rachel		F40
34	42:25	178	Daly, Elizabeth	Dereham Runners AC	F35
35	42:25	313	Snelling, Ben	Norwich Road Runners	M45
36	42:26	311	Smith, Alexandra	Wymondham Athletic Club	F40
37	42:46	267	Manly, James		M45
38	42:57	303	Rowe, Mike		M40
39	43:02	270	Martin, Russell	Norfolk gazelles	MS
40	43:15	320	Stone, Mark	Great Yarmouth Road Runners	M45
41	43:21	119	Baldry, Matt	Waveney Valley AC	M45
42	43:22	144	Bowman, Ken	Coltishall Jaguars Running Club	M70
43	43:28	224	Higgins, Richard	Framlingham Flyers	M50
44	43:29	187	Dunnett, Stephen	Framlingham Flyers	M60
45	43:36	273	McAllen, Chris		M35
46	43:37	257	Lambert-John, Nicola	Coltishall Jaguars RC	F35
47	43:47	181	Dean, Ben	Diss & District AC	M35
48	43:49	158	Callen, Andrew	Diss and District Athletics Club	MS
49	43:51	123	Beck, Amy	Norwich Road runners	F35
50	43:56	157	Bye, Rod	Coltishall jaguars	M55
51	44:01	335	Ward, Thomas		M35
52	44:02	327	Thompson, Peter	Norfolk Gazelles	M60
53	44:03	189	English, Deborah	Norwich Road Runners	F35
54	44:12	107	Andrews, Peter	Ipswich harriers	M45
55	44:16	215	Harper, Stacey	Norwich Road Runners	F40
56	44:19	199	Garner, Dudley	Norfolk Gazelles	M35
57	44:25	233	Hunn, Matt		M45
58	44:32	221	Henry, Phil	Coltishall Jaguars RC	M55
59	44:42	342	Whitehouse, Adam	Harling Athletics Club	M40
60	44:42	134	Blomfield, Steve		M50
61	44:46	170	Cox, Joanne	Bungay Black Dog Running Club	F45

Bungay Summer Series 2018

Race 1 - 6th June

62	44:47	319	Spurgeon, Stuart	Waveney Valley	M40
63	44:48	288	Oxbury, Lee	NORFOLK GAZELLES	M50
64	44:56	245	Kealey, Philip		M45
65	44:58	211	Gray, Andy		M40
66	45:06	122	Beales, Tony	Wymondham Athletics Club	M50
67	45:18	208	Goulsbra, Paul		M45
68	45:20	285	Norton, Sabrina	Bungay Black dog	F40
69	45:22	130	Betts, Laura		F35
70	45:30	128	Belsom, Robin	Ipswich JAFFA	M55
71	45:37	323	Sturgess, Ian	Wymondham AC	M55
72	45:43	329	Tovell, Kenneth	Framingham flyers	M45
73	45:53	336	Watkins, Stuart		MS
74	46:06	225	Hill, Leslie	norfolk gazelles	M55
75	46:29	243	Jay, David		M45
76	46:36	263	Lock, Merv		M45
77	46:43	140	Bouldin, James	Framingham flyers	MS
78	46:44	294	Prewer, Tracy	Lowestoft Road Runners	F50
79	46:46	171	Craddock, Blaine	GYDAC	M45
80	46:51	249	Kingaby, Bill	Waveney Valley AC	M65
81	47:12	265	MacLean, Anthony	Framlingham Flyers	M45
82	47:18	174	Cross, Stephen		M45
83	47:30	139	Bool, James		M50
84	47:37	321	Strange, Chris	Waveney Valley AC	MS
85	47:42	205	Goodby, Darren	Bungay Black Dog	M50
86	47:45	188	Earrye, Michael		F55
87	47:46	231	Hughes, Dianne	stowmarket striders	F55
88	47:54	121	Batho, Alex		M45
89	47:55	349	Young, Stuart	Bungay Black Dog	M50
90	47:56	209	Govey, Stuart	Bungay Black Dogs	M45
91	47:58	251	Kingwell, Claire		FS
92	48:04	125	Beeston, Chantal		FS
93	48:29	185	Dobson, Neil		M35
94	48:32	172	Critoph, Daniel	Waveney Valley AC	MS
95	48:39	108	Andrews, Stuart		M40
96	48:44	145	Brady, Karl		M50
97	48:51	165	Chong, Jason		M35
98	49:00	347	Winner, Rob	WYMONDHAM AC	M45
99	49:05	206	Goodby, Maria	Bungay Black Dog	F50
100	49:12	334	Walker, Jo	BBDRC	F40
101	49:16	238	Hyett, David		M35
102	49:18	129	Berner, Paul	Coltishall Jaguars	M40
103	49:25	341	Wharton, John	BBDRC	M60
104	49:26	135	Bone, Chris		MS
105	49:32	348	Woods, Tim	Norfolk Gazelles	M55
106	49:37	112	Ashcroft, Damian	Bungay Black Dog	M50
107	49:38	146	Bretton, Mike		M55
108	49:38	298	Redgrave, Sophie		FS
109	49:42	297	Read, Stephen	Bungay Black Dog	M60
110	49:46	207	Goodwin, David	Norfolk gazelles	M70
111	49:57	287	Overy, Nick		M50
112	50:07	201	Garrity, Hazel	Bungay. Black Dog Running Club	F60
113	50:14	315	Sparkes, Simon	Bungay Black Dog RC	M45
114	50:17	162	Carr, Philip		M35
115	50:30	331	Tully, Howard		M65
116	50:32	213	Hardingham, Graham	Norfolk Gazelles	M55
117	50:33	328	Thornton, Andy	Bungay Black Dog Running Club	M55
118	50:54	266	Maidment, Sarah	Bungay black dog	F40
119	50:57	118	Backhouse, Chris	Bungay Black Dog Running Club	M40
120	50:58	151	Bumstead, Oliver		MS
121	51:03	289	Parden, Jo	Framlingham Flyers	F50
122	51:08	136	Bone, John	great yarmouth road runners	M70
123	51:23	156	Bye, Jackie	Coltishall jaguars	F60

Bungay Summer Series 2018

Race 1 - 6th June

124	51:45	143	Bowen-Jones, Tracey	Bure Valley Harriers	F50
125	51:47	318	Sprake, Matthew		M35
126	51:55	290	Persich, Michael		M60
127	51:58	276	Middleton, Hollie	Norwich Road Runners	FS
128	52:01	312	Smith, Keelan	saxmundham running and fitness club	MS
129	52:15	301	Roberts, Hugh	Bungay Black Dog	M65
130	53:16	306	Sauerzapf, Bobbie	Bungay Black dog RC	F55
131	52:20	220	Heatley, Sarah		F40
132	52:22	114	Ashe, Robin	Bungay Black Dog	M65
133	53:10	132	Blagden, Christopher		M50
134	53:11	106	Andrews, Jon	Waveney Valley AC	M35
135	53:12	292	Phillips, Edward	Bungay Black Dog Running Club	MS
136	53:21	307	Schwier, Kirsty	Bungay Black dog rc	F35
137	53:21	203	Godbold, Amy	Bungay black dog	F35
138	53:22	191	Everitt, Tina		F35
139	53:22	274	McAlone, Simon		M50
140	53:29	254	Knights, Suzy	Beccles Triathlon Club	F35
141	53:30	190	Esser, Nick	Beccles Triathlon Club	M45
142	53:33	180	Davis, Christopher		MS
143	53:34	210	Goymer, Cheryl	WVAC	F55
144	53:40	300	Reeve, Sophie		FS
145	53:56	248	King, Beth	Norfolk Gazelles AC	F40
146	53:57	304	Sadd, Stephen	norfolk gazelles	M55
147	54:11	308	Sharpe, Pete	Wymondham AC	M40
148	54:37	302	Roth, Lee	Lowestoft roadrunners	M45
149	54:49	235	Hurren, Gemma		F35
150	55:19	169	Cooper, Carol	Norfolk Gazelles	F50
151	55:38	346	Winner, Julie	WYMONDHAM AC	F45
152	55:55	260	Laws, Rachael		FS
153	56:09	160	Capps-Jenner, Jayne	Bungay Black Dog RC	F60
154	56:13	113	Ashe, Christine	Bungay Black Dog	F55
155	56:31	340	Wharfe, Karen		F45
156	56:54	168	Cooper, Alison	WVAC	F60
157	57:01	217	Hawkins, Fi	Diss Athletics	F45
158	57:09	219	Hazell, Phil	Waveney Valley Athletic Club	M70
159	57:13	280	Morton, Katherine		F45
160	57:16	234	Hunter, Silke		F45
161	57:38	236	Hurst, Ken	BBDRC	M70
162	57:40	262	Lees, Ivan	Great Yarmouth Road Runners	M60
163	57:47	255	Lakey, Christina	Wymondham AC	F35
164	57:55	141	Bound, John	Gyrr	M70
165	57:56	126	Bell, Jackie	Bungay Black Dog	F55
166	58:22	159	Callen, Stephanie	Diss & District Athletics Club	FS
167	58:44	137	Bone, Rebecca	Bungay Black Dog Rc	F35
168	58:48	332	Turner, Graham	Diss and District A/C	M35
169	58:57	299	Reed, Louise	Bungay black dog	F40
170	58:57	326	Taylor, Joanne	Bungay black dog	F40
171	59:08	293	Potter, Judy	beccles&bungay harriers ac	F70
172	59:19	317	Spong, Carole	great yarmouth road runners	F70
173	59:32	253	Kirk, Andrew	Bungay Black Dog Rc	M65
174	59:34	202	Glenn, Julia	BBDRC	F40
175	59:42	184	Deeks, Stephanie	Great Yarmouth Road Runners	F40
176	59:47	192	Fallon, Teresa		F45
177	59:48	296	Rake, Carole	BBDRC	F40
178	59:49	124	Bedingfield, Jessica	Bungay Black Dog RC	FS
179	60:15	200	Garrard, Emma	Lowestoft road runners	F40
180	60:17	272	Matthewson, Rosemary		F50
181	60:24	305	Sampson, Graham	BUNGAY BLACK DOG RC	M70
182	60:45	176	Cuthbertson, Sarah	great yarmouth road runners	F45
183	60:54	100	Acamon-Carbonelli, Rachel	Great Yarmouth road runners	F40
184	61:13	182	Dean, Hanna	Bungay black dog	F35
185	61:16	204	Gooch, James	Waveney Valley AC	M40

Bungay Summer Series 2018

Race 1 - 6th June

186	61:21	105	Andrews, Joanna	Beccles and Bungay Harriers	F35
187	61:24	227	Hirst, Rachel	Bungay Black Dog	F50
188	61:28	275	Meadows, Sue		F50
189	61:35	279	Morran, Lucie		F50
190	61:35	252	Kirk, Alice	Bungay Black Dog RC	FS
191	61:35	309	Shepstone, Mark		M35
192	62:33	186	Doveston, Katherine		FS
193	62:56	229	Holmes, Amy		FS
194	63:17	138	Bone, Rosie		FS
195	61:31	133	Blagden, Melanie		F45
196	63:31	337	Watson, Heidi		F50
197	63:40	271	Masters, Judith	Bungay Black Dog Running Club	F60
198	65:03	193	Farrar, Fudge	Bungay Black Dog RC	F45
199	65:32	216	Harrison, Victoria		F40
200	65:32	295	Prime, Karen		F45
201	65:33	286	O'Gorman, Christie		FS
202	66:38	109	Andrzejak, Agnieszka		F35
203	66:58	166	Clarke, James	Lowestoft Road runners	MS
204	67:46	196	Franks, Janette		F55
205	67:59	103	Allen, Rachel	Bungay Black Dog	F35
206	70:57	195	Flatt, Maggie		F55
207	72:09	163	Cason, Lorraine	Bungay Black dog	F45
208	72:13	111	Arnell, Bob	GYRRC	M70
209	72:23	175	Cushine, Diane		F50
210	72:35	269	Marjoram, Simon	UK Run Chat Running Club	M40
211	72:36	268	Marjoram, Laura		F40
212	72:38	250	Kingwell, Christine	Bungay black dog Running Club	FS
213	73:42	218	Haylock, Tracey	Bungay Black Dog	F50
214	73:51	147	Brighton, Kim		F45
215	74:28	116	Audus, Katherine	Great Yarmouth Road Runners	FS
216	75:54	194	Farrar, Robin	Bungay Black Dog Running Club	M70
217	76:46	339	Weigand, Charles	Great Yarmouth Road Runners	M70
218	79:18	237	Hurst, Sue	Great Yarmouth Road Runners	F65
219	83:07	102	Allen, Elizabeth	Bungay Black Dog RC	F35
220	84:10	240	Jack, Bob	Bungay Black Dog Runners	M55