



# BUNGAY BLACK DOG RUNNING CLUB

England Athletics 2657740  
SCAA affiliated

## Code of Ethics & Conduct for Bungay Black Dog Running Club Coaches

### Introduction

The purpose of this Code of Practice is to uphold standards of ethical behaviour for both coaches and athletes. The components of ethical behaviour are: integrity, responsibility, competence and confidentiality. Coaches must respect the rights, dignity and worth of every human being and their ultimate right to self-determination. Specifically, coaches must treat everyone equitably and sensitively, within the context of their activity and ability, regardless of gender, ethnic origin, cultural background, sexual orientation, religion or political affiliation.

For the purpose of this document "Coach" is used to describe any L2, CiRF, Athletics Coach, Coaching Assistant or Leader in Running Fitness who volunteers at BBDRC in a coaching capacity.

### Role of Club Coaches

The role of the Coach is to create the right conditions for learning to happen and to find ways of motivating the athletes. Most athletes are highly motivated and therefore the task is to maintain that motivation and to generate excitement and enthusiasm.

Club Coaches should therefore adhere to the following:

- Respect the rights, dignity and worth of every athlete, regardless of background or ability. Treating with equal dignity and respect, irrespective of their ability, gender, age, ethnic origin, religion, sexual orientation, disability or political persuasion;
- Place the welfare and safety of the athlete above the development of performance;
- Challenge inappropriate behaviour or language by athletes or others
- Lead sessions with enthusiasm and to the best of their abilities, consistently promoting the positive aspects of the sport (e.g. health and social benefits and fair play);
- Act as a good role model by consistently displaying good standards of behaviour, appearance and safe training practise in their own training;
- Co-operate fully with other colleagues (e.g. other coaches, officials, team managers, doctors, physiotherapists, governing bodies) in the best interests of the athlete;
- Be considerate to other coaches' needs & interest;
- Encourage, help & give satisfying & rewarding tasks to those assisting in coaching sessions.
- Always consult lead coaches before entering another coach's session;
- Report any suspected misconduct by other coaches, assistant or athletes to the appropriate authorities (the Club's Welfare Officer, Chair Coaching or Club Chair. If not satisfied by actions taken then take concerns to Club Hon with other helpers & coaches.
- Athletes and coaches will treat each other with mutual trust and respect;

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<http://www.bungayblackdogrunningclub.co.uk/>

Club Captain: Tom Pullinger  
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- Coach specialisation when appropriate is to be encouraged;
- Observe club coaching rota & training plan as set out ;
- Individual athlete coaching is to be encouraged and may take place by Coaches in an open session, whether or not they (the Coach) are leading the session. In all circumstances, permission of the Lead Coach must be sought and obtained prior to commencement and all should ensure there is no detrimental effect on other athletes participating in the session. Coaches may also coach their athletes who may be participating in a different session to them, provided the Lead Coach has given permission for them to do so.
- Welfare Officers & Chair of Coaching will be permitted to observe any coach's sessions.
- Coaches will adhere to the recommended ration of 1:12 young people.
- Observe the guidelines set out in the Club's Guidance for Social Media and Communications

October 2016

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