



# BUNGAY BLACK DOG RUNNING CLUB

England Athletics 2657740  
SCAA affiliated

## Bungay Black Dog Running Club Code of Conduct

This document sets out the club's expectations in respect of officials, athletes and supporters. Membership of and association with Bungay Black Dog Running Club (BBDRC) is deemed to include an acceptance of this Code of Conduct.

The latest version of this document is displayed at [www.bungayblackdogrunningclub.co.uk](http://www.bungayblackdogrunningclub.co.uk) - the club's official website.

### The club will:

- Ensure that all coaches and volunteers hold appropriate qualifications.
- Adopt national policies and codes of conduct in relation to athlete welfare.
- Ensure that club officers and volunteers act responsibly and set a good example to all members.
- Appoint at least one designated welfare officer to act as first point of contact in cases of concern about athlete welfare - contact details will be provided on the club's website and notice boards.
- Carry out its duty within relevant legislation and government guidelines, as well as recommendations and guidelines from UK Athletics.
- Treat all members equally and fairly, regardless of race, religion or gender.
- Deal with any matters that breach this Code of Conduct in accordance with the club's Disciplinary Procedure.

### As a member of BBDRC you must:

- Treat others with respect and fairness.
- Ensure that your behaviour during all times, is dignified and does not cause offence to others. Remember that you are a representative and ambassador of the club and as such, the club as a whole may be judged by your actions as an individual.
- Anticipate your own needs, be organised and on time. Provide a signed consent form to the club when required to do so and update your contact details should they change.
- Be courteous and polite to other competitors, officials, coaching staff, pedestrians and road users at all times.
- Act in accordance with the Highway Code at all times.
- Show patience with others and respect diversity and ability.
- Be polite and courteous to other runners, pedestrians and road users.
- Inform your coach if you are receiving coaching elsewhere, have sustained an injury or are in receipt of any medical treatment.
- Observe the BBDRC dress code at events and wear Reflective Clothing during hours of darkness. Or as specified by coach or session leader.
- Notify a coach if you have to go somewhere whilst attending training.
- Not respond to someone seeking personal information other than that directly associated with your athletics - for example, issues about home or school life, financial details etc.
- Refrain from engaging in any communication with the press or via the internet which seeks to criticise other athletes, club members, officials or event organisers.
- Adhere to any instructions given by Run Leaders during Club runs.
- Accept responsibility for your own safety



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Club Captain: Karen Gedge  
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- If a member has a grievance, this should be taken up with a club official in the first instance.
- In the case of junior athletes, never accept offers of accommodation or transport without the consent of your parent or carer.
- Use only safe transport and travel arrangements.
- Not engage in destructive behaviour and leave venues as you would wish to find them. Clear up your own rubbish and dispose of it properly.
- Accept guidance and act on instructions given from coaches regarding safety and behaviour.
- Never use abusive language or physical aggression of any kind or deliberately distract others whilst they are competing.
- Never engage in alcohol abuse, drug abuse, solvent abuse or underage smoking.
- Never engage in illegal or irresponsible behaviour.
- Never engage in verbal, physical, mental intimidation or acts of bullying. This includes the inappropriate use of text messages, posting adverse comments on internet message boards and all other electronic media.
- Uphold the same values away from sport as you do when engaged in sport.
- Promptly pay your membership and subs fees.
- Accept that photographs and recorded images will be taken at club training sessions & competitions for use on the club's website and in other publications. (Juniors photos will only be used where permission has been granted by parents or guardians)
- Observe the Club's Guidelines for Social Media and Communication

## All Coaches and Team Managers must:

- Ensure the well-being and safety of athletes at all times.
- Develop an appropriate relationship with athletes and their parents / guardians where appropriate.
- Make sure all activities are appropriate to the age, experience and ability of those taking part.
- Promote the positive aspects of the sport (eg fair play).
- Display high standards of behaviour and appearance.
- Follow guidelines as laid down by UK Athletics, England Athletics and BBDR.
- Never try to recruit athletes who are already receiving coaching elsewhere.
- Never condone rule violations, rough play, the use of prohibitive substance or inappropriate behaviour and language.

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