

Bungay Summer Series 2016

Race 3 - 20th July

Position	Time	Number	Name	Club
1	36:01	121	Chenery, Robert	Ipswich Jaffa
2	36:31	356	Sparshott, David	Kent AC
3	37:01	380	Law, Will	Ipswich Jaffa
4	37:52	354	Sladden, Marcus	Bungay Black Dog RC
5	37:59	315	Roper, Nick	Bungay Black Dog RC
6	38:53	383	Andrews, Jo	Bungay Black Dog RC
7	39:39	233	Midwinter, Brian	
8	40:30	224	Walker, Benn	Beccles and Bungay Harriers
9	40:34	203	Seymour, Chris	Stowmarket Striders RC
10	40:37	357	Sutton, Matthew	Lowestoft Road Runners
11	40:46	225	Wiles, Jon	Bungay Black Dog RC
12	40:49	309	Jackson, Ben	Bungay Black Dog RC
13	40:51	232	Manning, Andrew	
14	40:57	221	Tye, Chris	Ipswich Tri Club
15	41:18	348	Pask, Matthew	Norwich road runners
16	41:37	336	Hall, Chris	Bungay Black Dog RC
17	42:01	202	Scriven, Lloyd	Waveney Valley AC
18	42:21	337	Harvey, Edward	Bungay Black Dog RC
19	42:25	137	Edwards, Mark	Norwich Road Runners
20	42:42	187	Neeve, David	Bungay Black Dog RC
21	42:54	273	Lay, James	
22	42:55	367	Mann, Wayne	
23	42:59	382	Peter, Rogers	Waveney Valley AC
24	43:04	291	Steward, Clive	Coltishall Jaguars
25	43:06	101	Adcock, Neil	
26	43:14	108	Belsom, Robin	Ipswich JAFFA
27	44:03	183	Milner, Robert	Waveney Valley AC
28	44:15	284	Pullinger, Tom	Bungay Black Dog RC
29	44:28	214	Thompson, Pete	Norfolk Gazelles
30	44:36	326	Chorley, Chris	Bungay Black Dog RC
31	44:57	205	Snelling, Ben	Norwich Road Runners
32	45:00	328	Clarke, Geraldine	Framlingham Flyers
33	45:02	116	Callen, Andrew	Diss & District AC
34	45:27	132	Dean, Ben	Diss & District AC
35	45:40	119	Carruthers, Steven	Waveney Valley AC
36	45:54	210	Stone, Mark	Great Yarmouth Road Runners
37	46:00	138	Epps, Terry	Wymondham AC
38	46:21	257	Feakes, Simon	Diss & District AC
39	46:43	329	Cox, Joanne	Bungay Black Dog RC
40	46:47	339	Higgins, Richard	Framlingham Flyers
41	48:54	218	Tovell, Kenneth	Framlingham Flyers
42	46:59	375	Marter, Jason	
43	47:10	347	Park, Niki	Norwich Road Runners
44	47:14	177	Maclean, Anthony	Framlingham Flyers
45	47:15	114	Bumstead, Oliver	
46	47:16	372	Mower, David	Waveney Valley AC
47	47:23	374	Prewer, Tracy	Lowestoft Road Runners
48	47:42	386	Davison, Gary	
49	47:54	265	Hill, Leslie	

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50	48:07	350	Pottruff, Andrew	Bungay Black Dog RC
51	48:13	362	Westgate, Paul	Great Yarmouth Road Runners
52	48:21	220	Tye, Cheryl	Purple Patch Runners
53	48:26	237	Beales, Tony	Wymondham AC
54	48:30	256	Epps, Samantha	Bungay Black Dog RC
55	48:35	154	Hammond, Andrew	Norfolk Gazelles
56	48:52	133	Dobson, Neil	
57	48:57	283	Norton, Sabrina	Bungay Black Dog RC
58	49:09	253	Craddock, Blaine	
59	49:23	345	Moyse, Mandi	
60	49:28	147	Garrity, Terry	Bungay Black Dog RC
61	49:28	369	Dye, Richard	Bungay Black Dog RC
62	49:29	290	Stammers, Claire	
63	49:40	385	Strowger, Paul	Norwich Road Runners
64	49:56	368	Wharton, John	Bungay Black Dog RC
65	50:08	199	Russell, Jimmy	Felixstowe RRC
66	50:19	333	gibbs, stephen	waveney valley ac
67	50:28	229	Bryson, Sally	
68	50:29	109	Black, Lindsay	
69	50:30	325	Carter, Duncan	Waveney Valley AC
70	50:53	276	MacDonald, Sarah	Bungay Black Dog RC
71	51:15	287	Shaw, Bridget	Bungay Black Dog RC
72	51:20	335	Gray, Anna	Bungay Black Dog RC
73	51:21	346	O'Loughlin, Sean	Bungay Black Dog RC
74	51:27	352	Ring, Mark	Norwich Road Runners
75	51:29	226	Young, Stuart	Bungay Black Dog RC
76	51:32	379	Morley, Tony	Bungay Black Dog RC
77	51:36	189	Overy, Nick	
78	51:46	112	Bowen, Alex	Wymondham AC
79	51:50	211	Suraparaju, Lokesh	
80	51:54	201	Sauerzapf, Bobbie	Bungay Black Dog RC
81	51:54	245	Ashe, Robin	Bungay Black Dog RC
82	52:20	195	Regan, Mark	
83	52:26	227	Leeves, Pauline	Great Yarmouth Road Runners
84	53:22	364	Oldman, Stephen	Bungay Black Dog RC
85	53:28	159	Holloway, Tanya	Bungay Black Dog RC
86	53:29	331	Edwards, Steve	
87	53:33	318	Smith, Simon	Bungay Black Dog RC
88	53:37	192	Payne, Jamie	Framlingham Flyers
89	53:42	343	May, Shane	Bungay Black Dog RC
90	53:43	377	Keeble, Simon	
91	53:56	254	Dawson, Lorrain	Great Yarmouth Road Runners
92	54:01	268	Hunter, Alec	
93	54:11	267	Hunt, Adrian	Bungay Black Dog RC
94	54:35	115	Butcher, Jay	Waveney Valley AC
95	55:01	148	Garrity, Hazel	Bungay Black Dog RC
96	55:08	191	Palmer, Stuart	
97	55:33	277	Maidment, Sarah	Bungay Black Dog RC
98	55:34	324	Button, Laura	Bungay Black Dog RC
99	55:55	381	West, Claire	Bungay Black Dog RC

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100	56:01	282	Netto, Lisa	Norfolk Gazelles
101	56:24	151	Goodman, Emma	Framlingham Flyers
102	56:57	166	Hurst, Ken	Bungay Black Dog RC
103	57:11	196	Renaut, Paul	Bungay Black Dog RC
104	57:18	200	Sampson, Graham	Bungay Black Dog RC
105	57:19	235	Goymer, Cheryl	Waveney Valley AC
106	57:21	239	Potter, Judy	Beccles and Bungay Harriers
107	57:26	198	Rogers, Bethany	Bungay Black Dog RC
108	57:27	204	Smith, Larissa	Bungay Black Dog RC
109	57:29	359	Thurston, Loretta	Bungay Black Dog RC
110	57:51	190	Oxbury, James	
111	57:53	111	Bound, John	Great Yarmouth Road Runners
112	58:07	320	Ashe, Christine	Bungay Black Dog RC
113	58:57	330	Doveston, Katherine	
114	59:33	349	Pazarlis, Chris	
115	59:39	323	Bradford, Chris	Beccles Triathlon Club
116	59:54	322	Boggis, Andrew	
117	60:02	300	Hazell, Martin	
118	60:11	302	Bell, Beth	Waveney Valley AC
119	60:13	120	Chapman, Lucy	Bungay Black Dog RC
120	60:17	370	Knights, Suzy	Waveney Valley AC
121	60:26	243	Alderson, Steven	
122	60:27	141	Fisk, Jo	Waveney Valley AC
123	60:30	376	Callen, Steph	Diss & District AC
124	60:31	366	Guildea, Francis	Waveney Valley AC
125	61:22	363	Woodgate, Martyn	Bungay Black Dog RC
126	61:29	208	Sparkes, Sarah	Bungay Black Dog RC
127	61:29	373	Gladwin, Douglas	Bungay Black Dog RC
128	61:33	342	Knights, Gary	Bungay Black Dog RC
129	61:33	131	Craig, Toby	Bungay Black Dog RC
130	62:26	365	Whale, Colin	Bungay Black Dog RC
131	62:34	387	Dyer, Kirsty	
132	62:39	158	Hirst, David	
133	63:49	344	Morton, Katherine	
134	64:40	249	Brown, Robin	Bungay Black Dog RC
135	65:11	340	Hirst, Rachel	Bungay Black Dog RC
136	65:17	378	Evans, Claire	
137	67:07	341	Hirst, Tim	Bungay Black Dog RC
138	67:21	269	Jack, Bob	Bungay Black Dog RC
139	67:37	127	Copeman-Lamoureux, Annette	Beccles and Bungay Harriers
140	67:40	332	Foote, Sarah	Diss & District AC
141	70:39	321	Bird, Paul	Bungay Black Dog RC
142	71:32	384	Harrison, Louise	
143	72:00	241	Harrison, Victoria	
144	72:15	180	Marjoram, Laura	
145	72:16	179	Marjoram, Simon	
146	73:16	139	Farrar, Robin	Bungay Black Dog RC
147	83:09	110	Blackwell, Emma	Beccles and Bungay Harriers
148	83:29	117	Calver-Brown, Clare	Beccles and Bungay Harriers
149	83:36	371	Maclachlan, Roz	Beccles and Bungay Harriers

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150	83:38	176	Laurier, Phillip	Lowestoft Road Runners
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