

17 years and older, one lap WITH dog

Position	First name	Surname	Club	Gender	Race number	Time
1	Thomas	White	St Edmund Pacers	Male	771	17:10
2	Seb	Herrod		Male	980	17:23
3	Charlie	Jones	Rock Estate Runners & Riders	Male	1000	17:40
4	Simon	Marjoram		Male	782	18:29
5	Peter	Chapman	Tri-Anglia	Male	987	19:19
6	James	Temple		Male	991	19:39
7	Susan	Wright	Bungay Black Dog RC	Female	767	24:38
8	Kevin	Keeler		Male	976	24:47
9	Gemma	Bacon		Female	900	25:13
10	Samantha	Caplan		Female	981	25:15
11	Nicky	Roper		Female	998	26:50
12	James	Gooch	Waveney Valley AC	Male	914	26:53
13	Michaela	Gooch	Waveney Valley AC	Female	975	26:54
14	Jackie	Bell	Bungay Black Dog RC	Female	908	28:41
15	Elayne	Hilton	Lowestoft Road Runners	Female	985	28:43
16	Hannah	Shaw		Female	783	29:49
17	Sophie	Ward		Female	906	30:21
18	Catherine	Taylor		Female	979	31:00
19	Vicki	Bidnall	Bungay Black Dog RC	Female	993	33:15
20	Vicki	Fairs	Waveney Valley AC	Female	779	39:03