

Bungay Black Dog SUMMER SERIES 10 km 2015

2nd Race - Wednesday 24 June 2015. 7:30 pm

Results for All Competitors in finish order

Place	Time	Name	Team	Race Age Category	Race	Race
1	0:34:21	CHENERY, Robert	Ipswich Jaffa	M Open	176	1
2	0:35:08	OLIVER, Dominic	City of Norwich AC	M Open	329	2
3	0:35:50	HAWES, Joseph	Norfolk Gazelles	M Open	172	3
4	0:36:10	MATTHEWS, Ellie	City of Norwich AC	F Open	352	4
5	0:36:48	STONE, Roger	Felixstowe Road Runners	M40	213	5
6	0:37:03	CLARKE, Nicholas	Ipswich Jaffa	M Open	318	6
7	0:37:10	CHEVERTON, Robert	Lowestoft Road Runners	M50	192	7
8	0:37:47	COWLEY, Simon	Bungay Black Dog Running Club	M Open	311	8
9	0:37:48	COXALL, Ian	Ipswich Jaffa	M40	294	9
10	0:38:24	JORDAN, Tamara	Stowmarket Striders	F35	333	10
11	0:38:53	WALSHAW, John	City of Norwich AC	M40	170	11
12	0:39:03	WALKER, Benn	Beccles & Bungay Harriers	M Open	195	12
13	0:39:16	GRAND, Adrian	Norwich Road Runners	M50	336	13
14	0:39:23	BALFE, Stephen	City of Norwich AC	M Open	319	14
15	0:39:25	MIDWINTER, Brian	UNATTACHED	M Open	243	15
16	0:39:43	LEEDS, Neil		M Open	177	16
17	0:39:52	FRARY, Matthew	Norwich Road Runners	M40	219	17
18	0:40:12	WEAVER, Stuart		M40	302	18
19	0:40:13	WATERING, Graham	Norwich Road Runners	M40	314	19
20	0:40:32	ROWE, Mike		M40	269	20
21	0:40:41	MANLY, James		M Open	258	21
22	0:40:45	DADY, Steve	Wymondham Athletic Club	M60	190	22
23	0:40:48	DAWSON, Matthew	Norwich Road Runners	M Open	257	23
24	0:40:50	ALDRED, Will	Framlingham Flyers	M40	298	24
25	0:40:59	LOCK, Patrick	Wymondham Athletic Club	M Open	229	25
26	0:41:12	BELSOM, Robin	Ipswich Jaffa	M50	115	26
27	0:41:20	FAWCETT, Justine	Bungay Black Dog Running Club	F45	288	27
28	0:41:57	ROGERS, Peter	Waveney Valley A.C.	M Open	309	28
29	0:42:06	TUFTS, Mark	Wymondham Athletic Club	M40	178	29
30	0:42:26	COULTER, Graham	Framlingham Flyers	M40	271	30
31	0:42:38	SMITH, Alexandra	Norfolk Harriers	F35	131	31
32	0:42:39	WALPOLE, Neil	Norwich Road Runners	M40	324	32
33	0:42:49	THOMPSON, Peter	Norfolk Gazelles	M50	124	33
34	0:42:56	CHURCH, Jake	Saxons	M Open	325	34
35	0:43:01	EPPS, Terry	Wymondham Athletic Club	M60	132	35
36	0:43:15	HILL, Leslie	Norfolk Gazelles	M50	173	36
37	0:43:17	THORPE, Andy		M Open	157	37
38	0:43:19	KINGABY, Bill	Waveney Valley A.C.	M60	181	38
39	0:43:23	STONE, Mark	Gt Yarmouth Road Runners	M40	267	39
40	0:43:28	SNELLING, Benjamin	Norwich Road Runners	M40	117	40
41	0:43:31	PANTING, Stephen	Norwich Road Runners	M40	306	41
42	0:43:34	HOWE, Lauren	City of Norwich AC	F Open	210	42
43	0:43:42	TUNMORE, Greg	Diss AC	M Open	215	43
44	0:43:58	LANGER, Phillipp		M Open	174	44
45	0:44:04	ARNOLD, Chris	Tri-Anglia	M50	163	45
46	0:44:06	SLOWTHER, Denver	Bure Valley Harriers	M40	116	46
47	0:44:09	HERROD, Nigel	Waveney Valley A.C.	M50	246	47
48	0:44:14	GILLINGS, Rachael	Norwich Road Runners	F Open	359	48
49	0:44:15	TOVELL, Kenneth	Framlingham Flyers	M40	230	49
50	0:44:16	WOODS, Tim	Norfolk Gazelles	M50	221	50
51	0:44:27	BUMSTEAD, Oliver		M Open	205	51
52	0:44:40	NORTON, Simon	Bungay Black Dog Running Club	M50	346	52
53	0:44:41	BEWICK, Hannah	Framlingham Flyers	F Open	282	53
54	0:44:52	O'LOUGHLIN, Sean	Bungay Black Dog Running Club	M50	159	54
55	0:44:54	HUNN, Matt		M40	203	55
56	0:45:12	GARWOOD, Kevin	Wymondham Athletic Club	M50	244	56
57	0:45:18	SMITH, Ian	UNATTACHED	M40	321	57

* RaceMaster98 from Sport Systems +44(0)870 5123 www.sportsystems.co.uk Webresults on www.runnerswebuk.com *

Results produced by Bungay Black Dog RC. Printed by Bungay Black Dog RC on 04 August 2015

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Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race</i>	<i>Race</i>
58	0:45:22	CHENERY, Duncan	Ipswich Jaffa	M50	328	58
59	0:45:31	WIGGINS, Simon	Felixstowe Road Runners	M40	126	59
60	0:45:35	DINNAGE, David	Framlingham Flyers	M Open	250	60
61	0:45:42	NORTON, Sabrina	Bungay Black Dog Running Club	F35	345	61
62	0:45:43	WILES, Jonathan	Bungay Black Dog Running Club	M40	334	62
63	0:45:57	BAILEY, Andrew	Bungay Black Dog Running Club	M40	344	63
64	0:46:01	MANN, Elies	Norwich Road Runners	F35	353	64
65	0:46:18	BOWEN, Alex	Wymondham Athletic Club	M Open	228	65
66	0:46:24	BOND, Danny	Norwich Road Runners	M40	301	66
67	0:46:33	GOULSBRA, Paul		M40	201	67
68	0:46:52	SNAKE, Mel	Framlingham Flyers	F35	348	68
69	0:46:57	SPARKES, Simon	Bungay Black Dog Running Club	M40	295	69
70	0:46:58	LAWN, Stuart	Bungay Black Dog Running Club	M Open	148	70
71	0:47:31	SNELLING, Imogen	Bungay Black Dog Running Club	F35	335	71
72	0:47:38	RIX, Karen	Norfolk Gazelles	F45	196	72
73	0:47:39	BEWICK, Jeremy	Framlingham Flyers	M40	281	73
74	0:47:44	HARDINGHAM, Kevin	Norfolk Gazelles	M50	114	74
75	0:47:50	GRANT, Paul	Waveney Valley A.C.	M40	312	75
76	0:47:55	BEALES, Tony		M40	270	76
77	0:48:05	WOOLNOUGH, Bob	Lowestoft Road Runners	M50	227	77
78	0:48:08	GILBERT, Laura		F Open	354	78
79	0:48:09	COLMAN, Ivan	Wymondham Athletic Club	M50	226	79
80	0:48:11	BACKHOUSE, Chris	Bungay Black Dog Running Club	M40	292	80
81	0:48:25	BROOKS, Andy		M Open	101	81
82	0:48:25	TYE, Cheryl	Purple Patch Runners	F45	167	82
83	0:48:27	HARDY, Justin		M40	103	83
84	0:48:57	SWEENEY, Ady		M Open	119	84
85	0:49:08	YOUNG, Stuart	Bungay Black Dog Running Club	M40	249	85
86	0:49:16	HAYWARD, Guy	Framlingham Flyers	M40	351	86
87	0:49:16	RUSSELL, Jimmy	Felixstowe Road Runners	M40	291	87
88	0:49:17	FRANKS, Michael	UNATTACHED	M50	144	88
89	0:49:21	BLACK, Lindsay		F35	130	89
90	0:49:37	HYTCH, Warren		M40	214	90
91	0:49:37	GILSON, Paul	Ipswich Jaffa	M50	121	91
92	0:49:37	BELSOM, Catherine	Stowmarket Striders	F35	120	92
93	0:49:38	JONES, Victoria	Norwich Road Runners	F35	303	93
94	0:49:41	ENGLISH, Deborah	Norwich Road Runners	F35	299	94
95	0:49:42	COOPER, Gary	Norwich Road Runners	M40	182	95
96	0:49:42	WALKER, Jo	Bungay Black Dog Running Club	F35	308	96
97	0:49:44	KNIGHTS, Rob	Waveney Valley A.C.	M Open	343	97
98	0:50:07	FEAVEAREYEAR, Lucy		F Open	358	98
99	0:50:25	HARDINGHAM, Graham	Norfolk Gazelles	M50	165	99
100	0:50:30	JOLLY, Tina	UNATTACHED	F35	225	100
101	0:50:31	THOMAS, Neil	Bungay Black Dog Running Club	M40	350	101
102	0:50:39	STAMMERS, Christopher		M40	162	102
103	0:50:39	HUGGINS, Alan	Diss AC	M Open	186	103
104	0:50:40	ASHE, Robin	Bungay Black Dog Running Club	M60	151	104
105	0:51:05	ROBERTS, Hugh	Bungay Black Dog Running Club	M60	286	105
106	0:51:22	DONALDSON, Jody	Gt Yarmouth Road Runners	F45	208	106
107	0:51:27	MAYNE, Joseph	Waveney Valley A.C.	M40	259	107
108	0:51:33	HEWITT, Michelle	Framlingham Flyers	F Open	347	108
109	0:51:36	HAZELL, Martin		M40	289	109
110	0:51:39	MOONEY, Samuel		M50	263	110
111	0:51:45	LANGER, Kerstin	Gt Yarmouth Road Runners	F45	135	111
112	0:51:46	MANNING, Annette	Bungay Black Dog Running Club	F45	337	112
113	0:51:46	HUNT, Adrian	Bungay Black Dog Running Club	M60	147	113
114	0:52:06	HARDINGHAM, Gail	Norfolk Gazelles	F55	113	114
115	0:52:09	SAUERZAPF, BOBBIE	Bungay Black Dog Running Club	F55	100	115
116	0:52:10	RUSSELL, Michael		M Open	112	116
117	0:52:20	COULTER, Sarah	Framlingham Flyers	F45	272	117

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118	0:52:26	BARTY, Michelle		F Open	156	118
119	0:52:28	COULTER, Anthony		M Open	280	119
120	0:52:32	SMITH, Michael	Wymondham Athletic Club	M60	315	120
121	0:52:41	BECCO, Shola		M40	360	121
122	0:52:43	MILNER, Robert	Waveney Valley A.C.	M Open	237	122
123	0:52:43	SAMPSON, Graham	Bungay Black Dog Running Club	M60	160	123
124	0:52:51	ADAMSON, Louise	Waveney Valley A.C.	F55	110	124
125	0:52:57	MEEK, Calvin	UNATTACHED	M Open	355	125
126	0:53:19	HAYHOE, James		M Open	222	126
127	0:53:19	KEEBLE, Simon	UNATTACHED	M Open	253	127
128	0:53:29	PALMER, STUART	UNATTACHED	M40	304	128
129	0:53:44	GARRITY, Hazel	Bungay Black Dog Running Club	F55	276	129
130	0:54:05	HARPER, Stacey	Norwich Road Runners	F35	313	130
131	0:54:14	SMITH, Mike	Wymondham Athletic Club	M70	327	131
132	0:54:24	DRAKE, Sean		M Open	293	132
133	0:54:24	BOLGER, Brendan		M Open	332	133
134	0:54:28	SPARKES, Jessica	Bungay Black Dog Running Club	F Open	297	134
135	0:55:03	BUTTON, Laura	Bungay Black Dog Running Club	F Open	102	135
136	0:55:04	SMITH, Keelan	Saxons	M Open	320	136
137	0:55:11	ROBINSON, John	Norwich Road Runners	M40	300	137
138	0:55:18	UTTING, Victoria	Norwich Road Runners	F35	128	138
139	0:55:19	SMITH, Claire	Norwich Road Runners	F45	161	139
140	0:55:22	SWEENEY, Jenna		F Open	118	140
141	0:55:44	POTTER, Judy	Beccles & Bungay Harriers	F65	179	141
142	0:55:48	JOLLY, Claire		F Open	322	142
143	0:55:52	MITCHELL, Mark		M40	287	143
144	0:56:03	HURST, Ken	Bungay Black Dog Running Club	M60	262	144
145	0:56:05	BELL, Jackie	Bungay Black Dog Running Club	F55	340	145
146	0:56:10	BONNER, Adam		M Open	330	146
147	0:56:10	BONNER, Joanna		F Open	331	147
148	0:56:36	BELL, Angela	Norwich Road Runners	F35	133	148
149	0:56:37	CARTNER, Clive		M Open	134	149
150	0:56:53	LEES, IVAN	Gt Yarmouth Road Runners	M50	402	150
151	0:56:54	BOUND, John	Gt Yarmouth Road Runners	M60	105	151
152	0:56:55	FRAPPELL, Daniel		M Open	290	152
153	0:57:00	WIGGINS, Carla	Felixstowe Road Runners	F Open	127	153
154	0:57:25	BACON, Gemma	Halesworth RC	F45	339	154
155	0:57:25	NEWTON, Jo	Halesworth RC	F45	338	155
156	0:57:38	SWANN, Martyn	UNATTACHED	M40	211	156
157	0:57:39	ASHE, Christine	Bungay Black Dog Running Club	F45	152	157
158	0:58:00	SPARKES, Sarah	Bungay Black Dog Running Club	F35	296	158
159	0:58:01	REED, Louise	Bungay Black Dog Running Club	F35	212	159
160	0:58:10	STILES, Lindsay	UNATTACHED	F55	349	160
161	0:58:39	KNIGHTS, Suzy	Waveney Valley A.C.	F Open	341	161
162	0:59:10	JACK, Bob	Bungay Black Dog Running Club	M50	153	162
163	0:59:31	MAYCOCK, Carol	Bungay Black Dog Running Club	F55	310	163
164	0:59:33	BROWN, Jan	Bungay Black Dog Running Club	F65	141	164
165	0:59:48	CLARKE, Jennifer		F Open	224	165
166	0:59:56	GOYMER, Cheryl	Waveney Valley A.C.	F45	342	166
167	1:00:33	WARREN, Peter	City of Norwich AC	M50	136	167
168	1:01:29	WHITE, Rebecca	Beccles & Bungay Harriers	F Open	323	168
169	1:01:57	DRIVER, Lucy	Ipswich Jaffa	F Open	142	169
170	1:02:35	BIRD, Paul		M50	106	170
171	1:02:57	ANDREWS, Stephen		M50	326	171
172	1:04:32	FRANKS, Janette	UNATTACHED	F55	145	172
173	1:05:38	SCHWERT, Will	Felixstowe Road Runners	M Open	107	173
174	1:06:53	MARJORAM, Simon		M40	137	174
175	1:06:53	MARJORAM, Laura		F35	138	175
176	1:09:16	SEARY, Paul	Bungay Black Dog Running Club	M40	285	176
177	1:10:00	SUTTON, Wendy	UNATTACHED	F45	155	177
178	1:10:00	SUTTON, Matthew	Gt Yarmouth Road Runners	M Open	150	178
179	1:10:28	WILSON, Danielle		F Open	357	179
180	1:10:28	COULTER, Lindsay		F Open	356	180
181	1:11:09	SEARS, Michaela	Purple Patch Runners	F45	168	181
182	1:15:43	NOBBS, Linda	Bungay Black Dog Running Club	F45	209	182
183	1:18:46	BLACKWELL,		F35	175	183

There were 183 finishers in the All Competitors category.