

# Bungay Black Dog SUMMER SERIES 10 km 2014

3<sup>rd</sup> Race - Wednesday 30 July 2014. 7:30 pm

## Provisional Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race</i>	<i>Race</i>
1	0:33:30	ARNOLD, Piers	City of Norwich AC	M Open	293	1
2	0:34:12	OLIVER, Dominic	City of Norwich AC	M Open	166	2
3	0:34:32	ELLA, Kyle	Gt Yarmouth District A C	M Open	326	3
4	0:35:38	CHENERY, Robert	Ipswich Jaffa	M Open	315	4
5	0:35:41	SLADDEN, Marcus	Bungay Black Dog Running Club	M Open	201	5
6	0:37:13	CHEVERTON, Robert	City of Norwich AC	M50	196	6
7	0:37:48	CARR, Joe	Diss AC	M Open	162	7
8	0:37:49	JERMY, Sean	Gt Yarmouth Road Runners	M Open	305	8
9	0:38:10	JORDAN, Tamara	Stowmarket Striders	F35	333	9
10	0:38:40	MOORE, John	Norfolk Gazelles	M50	215	10
11	0:38:54	OLDMAN, Ted	Bungay Black Dog Running Club	M Open	290	11
12	0:39:16	BUTCHER, Leigh	Lowestoft Road Runners	M Open	335	12
13	0:39:22	WATERING, Graham	Norwich Road Runners	M40	171	13
14	0:39:32	WALKER, Benn	Beccles & Bungay Harriers	M Open	174	14
15	0:39:56	HOBSON, Douglas	Woodbridge Shufflers R. C	M Open	331	15
16	0:40:45	COWLEY, Simon	Bungay Black Dog Running Club	M Open	234	16
17	0:40:50	FAWCETT, Justine	Bungay Black Dog Running Club	F35	140	17
18	0:41:06	PULLINGER, Tom	Bungay Black Dog Running Club	M40	132	18
19	0:41:21	BUCKOKE, Matthew	Gt Yarmouth Road Runners	M Open	313	19
20	0:41:39	CHURCHMAN, Ben	Diss AC	M Open	308	20
21	0:41:46	MIDWINTER, Brian	UNATTACHED	M Open	274	21
22	0:41:47	BLOMFIELD, Steve	UNATTACHED	M40	237	22
23	0:41:48	EARL, Timothy	Waveney Valley A.C.	M Open	332	23
24	0:41:51	SADD, Stephen	Norfolk Gazelles	M50	317	24
25	0:41:55	OVERY, Nick		M40	309	25
26	0:42:19	BELSOM, Robin	Ipswich Jaffa	M50	101	26
27	0:42:20	DADY, Steve	Wymondham Athletic Club	M60	128	27
28	0:42:28	SUTTON, Matthew	Gt Yarmouth Road Runners	M Open	281	28
29	0:42:44	MARJORAM, Simon		M40	158	29
30	0:42:58	OLDMAN, Darrell	Bungay Black Dog Running Club	M40	296	30
31	0:43:20	WIGGINS, Simon	Felixstowe Road Runners	M40	130	31
32	0:43:20	STONE, Mark	Gt Yarmouth Road Runners	M40	312	32
33	0:43:25	ROBERTS, Sandy	UNATTACHED	F45	336	33
34	0:43:28	KINGABY, Bill	Waveney Valley A.C.	M60	175	34
35	0:43:30	JORDAN, Rebecca	Stowmarket Striders	F35	330	35
36	0:43:38	THOMPSON, Peter	Norfolk Gazelles	M50	127	36
37	0:43:40	DINNAGE, David	Diss AC	M Open	159	37
38	0:43:40	JACKSON, Ben	Bungay Black Dog Running Club	M Open	273	38
39	0:43:40	BEWICK, Hannah	Framlingham Flyers	F Open	245	39
40	0:43:56	HIGGINS, Richard	Framlingham Flyers	M50	307	40
41	0:44:06	BUTTON, Shaun	Bungay Black Dog Running Club	M Open	250	41
42	0:44:14	HARDINGHAM, Kevin	Norfolk Gazelles	M50	104	42
43	0:44:22	BETTS, Laura	Bungay Black Dog Running Club	F Open	144	43
44	0:44:28	NEEVE, David	Bungay Black Dog Running Club	M Open	299	44
45	0:44:37	GARWOOD, Kevin	Wymondham Athletic Club	M40	208	45
46	0:44:46	BELL, Sophie	Bungay Black Dog Running Club	F Open	200	46
47	0:45:22	HURST, Jason	UNATTACHED	M Open	264	47
48	0:45:33	ARNOLD, Chris	Tri-Anglia	M50	212	48
49	0:45:35	NICKERSON, Nina		F Open	116	49
50	0:45:38	MOWER, David	Waveney Valley A.C.	M60	226	50
51	0:45:54	SPARKES, Simon	Bungay Black Dog Running Club	M40	122	51
52	0:46:04	SPENCE, Sabina	City of Norwich AC	F35	228	52
53	0:46:18	TUNMORE, Greg	Diss AC	M Open	210	53
54	0:46:22	HAYWARD, Guy	Framlingham Flyers	M40	334	54
55	0:46:28	MALLEAW, Anthony	Framlingham Flyers	M40	247	55
56	0:46:38	MCCUSKER, Eamon	Ryston Runners	M60	117	56
57	0:47:19	DOBSON, Neil	UNATTACHED	M Open	180	57
58	0:47:54	TOVELL, Kenneth	Framlingham Flyers	M40	185	58
59	0:47:57	CARTER, Duncan	Waveney Valley A.C.	M40	134	59
60	0:48:21	ASHCROFT, Damian	UNATTACHED	M50	153	60
61	0:48:33	HUNTER, Silke	Bungay Black Dog Running Club	F45	243	61
62	0:48:34	HARDINGHAM, Graham	Norfolk Gazelles	M50	318	62
63	0:48:40	PYE, Mike	Bungay Black Dog Running Club	M40	301	63
64	0:48:46	PARTRIDGE, Nick		M Open	178	64
65	0:48:49	BEWICK, Jeremy	Framlingham Flyers	M40	244	65
66	0:48:59	MAXWELL, Colin	Waveney Valley A.C.	M50	256	66
67	0:49:09	STEELE, LUCY	Bungay Black Dog Running Club	F Open	108	67
68	0:49:12	HUGGINS, Malcolm	UNATTACHED	M40	230	68
69	0:49:17	GILHAM, Nigel	Bungay Black Dog Running Club	M60	113	69

**Provisional Results for All Competitors in finish order.**

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70	0:49:28	YOUNG, Stuart	Bungay Black Dog Running Club	M40	222	70
71	0:49:29	MAIN, Roderick	Tri-Anglia	M40	316	71
72	0:49:48	SHAW, Bridget	Bungay Black Dog Running Club	F Open	141	72
73	0:49:53	MAIDMENT, Sarah	Bungay Black Dog Running Club	F35	131	73
74	0:50:00	ROBERTS, Hugh	Bungay Black Dog Running Club	M60	182	74
75	0:50:03	DESBOROUGH, Tamsin	Gt Yarmouth Road Runners	F Open	321	75
76	0:50:05	MORLEY, Tony	Bungay Black Dog Running Club	M50	267	76
77	0:50:05	HUGGINS, Alan	Diss AC	M Open	257	77
78	0:50:15	GIBBS, Steve	Waveney Valley A.C.	M50	164	78
79	0:50:23	BLACK, Lindsay		F Open	112	79
80	0:50:46	SAUERZAPF, BOBBIE	Bungay Black Dog Running Club	F55	100	80
81	0:50:54	ABBOTT, Catherine	Stowmarket Striders	F35	102	81
82	0:50:59	RIX, Karen	Norfolk Gazelles	M40	327	82
83	0:51:02	JONES, Sharon	Bungay Black Dog Running Club	F45	248	83
84	0:51:11	BANKS, Andy	UNATTACHED	M40	207	84
85	0:51:15	COWLEY, BEN		M Open	106	85
86	0:51:19	WATERMAN, David	Bungay Black Dog Running Club	M50	252	86
87	0:51:20	VARLE, Alan	Beccles Triathlon	M60	263	87
88	0:51:31	PENNY, John	Unaffiliated	M50	239	88
89	0:51:41	HODGES, Rob		M Open	183	89
90	0:51:55	SPARKES, Sarah	Bungay Black Dog Running Club	F35	123	90
91	0:52:22	MANNING, Annette	Bungay Black Dog Running Club	F45	220	91
92	0:52:29	ADAMSON, Louise	Waveney Valley A.C.	F55	285	92
93	0:52:33	SAMPSON, Graham	Bungay Black Dog Running Club	M60	149	93
94	0:52:54	SMITH, Mike	Wymondham Athletic Club	M70	320	94
95	0:52:56	SWANN, Martyn	UNATTACHED	M40	325	95
96	0:53:05	NEESHAM, Jemma	Bungay Black Dog Running Club	F Open	337	96
97	0:53:10	WEBSTER, Julie		F35	310	97
98	0:53:13	BURMAN, Jayne	Felixstowe Road Runners	F Open	328	98
99	0:53:24	HARDY, Tony	Bungay Black Dog Running Club	M50	306	99
100	0:53:25	COOPER, Lesley	Felixstowe Road Runners	F35	324	100
101	0:53:38	POTTER, Judy	Beccles & Bungay Harriers	F65	232	101
102	0:53:59	TIFFIN, Donald	Bungay Black Dog Running Club	M60	254	102
103	0:54:03	FEAVYOUR, Clare	Bungay Black Dog Running Club	F35	268	103
104	0:54:17	LEMMER, Joe	UNATTACHED	M Open	322	104
105	0:55:03	ELLIS, Faye	Bungay Black Dog Running Club	F35	271	105
106	0:55:18	BENDIX, Shona	Bungay Black Dog Running Club	F45	163	106
107	0:55:43	LAUGHTON, Rebecca	Norwich Road Runners	F Open	184	107
108	0:55:49	SMITH, Stuart	Waveney Valley A.C.	M50	231	108
109	0:56:27	DADY, Sylvia	Wymondham Athletic Club	F Open	129	109
110	0:56:40	HARROD, Sarah	Bungay Black Dog Running Club	F35	223	110
111	0:56:43	BELL, Jackie	Bungay Black Dog Running Club	F45	177	111
112	0:56:44	MAYCOCK, Carol	Bungay Black Dog Running Club	F55	276	112
113	0:56:54	HILL, Mike		M60	298	113
114	0:56:58	HEANEY, Mikaela	UNATTACHED	F Open	154	114
115	0:57:13	GEDGE, Karen	Bungay Black Dog Running Club	F45	151	115
116	0:57:30	GLADWIN, Douglas	Bungay Black Dog Running Club	M50	169	116
117	0:57:31	FARRAR, Robin	Bungay Black Dog Running Club	M70	110	117
118	0:57:52	WARREN, Peter	City of Norwich AC	M50	109	118
119	0:58:04	TAYLOR, Joanne	Bungay Black Dog Running Club	F35	187	119
120	0:58:04	REED, Louise	Bungay Black Dog Running Club	F35	152	120
121	0:58:25	DEACON, Mike	Felixstowe Road Runners	M60	242	121
122	0:58:28	SMITH, Larissa	Bungay Black Dog Running Club	F Open	300	122
123	0:58:54	LEE, Jodie	UNATTACHED	F Open	168	123
124	0:59:01	WILLIAMS, Eric	Norwich Road Runners	M60	303	124
125	0:59:39	DRIVER, Lucy	Ipswich Jaffa	F Open	323	125
126	1:01:21	JONES, David	UNATTACHED	M Open	329	126
127	1:02:06	WELLS, Sally		F35	311	127
128	1:02:59	CASTON, Zoe		F35	314	128
129	1:03:06	MASTERS, Judith	Bungay Black Dog Running Club	F55	147	129
130	1:04:13	FENECH, Charlie	Wymondham Athletic Club	M60	286	130
131	1:07:21	WIGGINS, Carla	Felixstowe Road Runners	F Open	161	131
132	1:08:39	SEARY, Paul	Bungay Black Dog Running Club	M40	236	132
133	1:10:29	JACK, Bob	Bungay Black Dog Running Club	M50	249	133
134	1:11:45	BLOOMFIELD, Christine	UNATTACHED	F55	319	134

There were 134 finishers in the All Competitors category.